



What to expect at Clinic 275

Clinic 275 provides a free, confidential service. This includes advice, testing and treatment for all sexually transmitted diseases (STDs) including HIV.

Reception and waiting

The receptionist will ask you to complete a registration form so we can prepare your case notes. The form asks for an address, phone numbers and/or an email address that allows you to be contacted discreetly if required. To keep this information up-to-date, the receptionist may ask you to fill in this form even if you have done so on a previous visit. Should you prefer to see a female or male doctor in particular, please tell the receptionist when you check in.

If you were referred to Clinic 275 by a doctor or health service, please give the referral letter to the receptionist.

You may be seen out of turn. If you have specifically requested either a male or female doctor it may take a little longer. If you are here for a follow-up visit, you may be seen more quickly.

If you have any questions about this, please ask the receptionist.

Please turn off any mobile phones to avoid interruptions to your discussion with the doctor and nurse.

Doctor consultation

If you have attended Clinic 275 with your partner, it is usual to see the doctor separately. This provides greater confidentiality and enables the doctor to

focus on your own specific concerns without distractions.

The doctor will ask questions to find out the cause of your concerns and to decide which tests are needed. Some questions are very personal, but they are needed to decide whether you are at risk for an STD. We offer tests for all the common STDs to most people. You will be examined by the doctor who is assisted by a nurse. Occasionally a visiting health worker may be present.

Tests and results

A check-up may include taking swabs and/or collecting urine, and a blood test. A thorough STD check requires several types of test because many common infections cannot be detected from a blood test alone.

Some results may be available before you leave, the others will be ready in one week. You need to return in person to collect your results. Please do not telephone to see if your results are available.

To preserve confidentiality, we will not provide this information.

We do not give results over the telephone.

Treatment

If the examination or preliminary tests show an infection, treatment may be started straight away, or when you return for your results.

Most treatments for STDs are provided free of charge. Sometimes the doctor will need to give you a prescription for medication that you must buy from a pharmacy.

A doctor or health adviser will tell you if your partner(s) should come to the clinic for treatment also.

Follow-up visit

You need to come back to the clinic for your results (or perhaps treatment). You do not need to make an appointment. Return to Clinic 275 in one week, show your clinic card at the reception desk and tell the receptionist you are here for a follow-up visit. You will usually be seen more quickly than at your first visit.

Health advice

Please ask the doctor or nurse any questions you have about STDs, safe sex or other issues. If you require more detailed information or would like to spend some time talking over your concerns, health advisers are available to provide sexual health information.

With some infections, people you have had sex with probably have the disease too.

A health adviser will answer any questions you have about this.

Confidentiality

All the information you give us, and the results of tests, are strictly confidential. We will not release information about you without your written permission.

A reminder system is used for Pap smears and for hepatitis B vaccination. If you would like further information, please ask your doctor or health adviser.

Services offered at Clinic 275

A routine check-up at Clinic 275 includes an examination, swab tests and/or a urine test and blood tests for all the major sexually transmitted diseases. The most common infections in our community require an examination, urine testing and/or swabs for diagnosis. A blood test alone is not a full check-up.

During your visit you can be examined and/or tested for the following conditions:

Examination of the genital area

- genital warts
- genital herpes
- pubic lice or "crabs"
- scabies
- balanitis (males)
- molluscum contagiosum
- rashes, dermatological conditions and other ulcers or lesions affecting the genital area

Swab tests

- chlamydia
- gonorrhoea
- vaginal candidiasis or "thrush" (females)
- trichomoniasis (females)
- bacterial vaginosis (females)
- non specific urethritis (males)
- herpes (only if symptoms are present - not part of a routine check-up)
- abnormal cells on the cervix (Pap smear)

Blood tests

- HIV/AIDS
- hepatitis B
- hepatitis C
- syphilis
- hepatitis A
- liver function tests (if you are a carrier of hepatitis B or hepatitis C)

Urine tests

- chlamydia
- gonorrhoea

Note: Some of these tests are only performed under special circumstances. If you are uncertain, ask your doctor which conditions you are being tested for.

Other services

Pregnancy tests with on-the-spot results. If the result is positive, referral can be arranged.

'Morning after' pill for women who believe recent unprotected sex has put them at risk of pregnancy.

Hepatitis B vaccination – available free for people in groups at risk.

Your clinic card

You have been given a card with your clinic number and our phone number on it. Keep this in a safe place at all times.

It helps us provide you with information quickly, and it means that no one else can get confidential information about you.

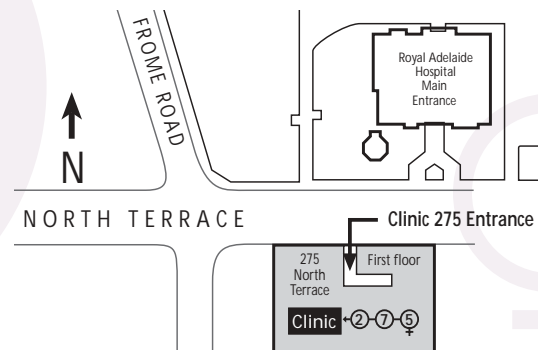
Please remember to bring your clinic card with you each time you visit the clinic.

Disclaimer

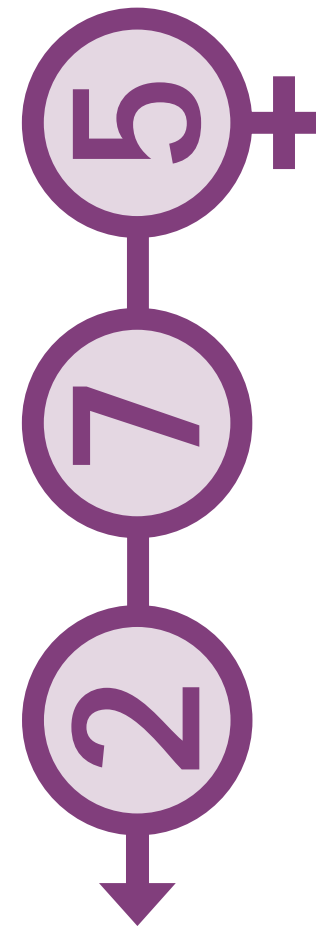
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STD Services June 2007



What to Expect at Clinic 275

Sexually Transmitted Diseases Services

Royal Adelaide Hospital

Free and confidential advice, testing and treatment for all STDs including HIV/AIDS

No appointment necessary

Monday, Thursday & Friday

10am – 4.30pm

Tuesday & Wednesday

11.00am - 6.30pm

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275 North Terrace
Adelaide 5000

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clinic